The key to Success: Knowing My Competences and Doing a Lasting Self-Presentation

Addressees: Doctoral Candidates and Postdocs of TUHH

Goals: In this two day workshop the participants will learn to categorize competences. They will know what kind of competences are expected from a PhD and will reflect on their personal competence development status. During the workshop they learn methods how to identify unique skills and get to know a framework for proofing them. As part of the self-presentation the participants will learn to give precise feedback and will experience how their self-presentation is perceived.

Content Outline: Success begins with the knowledge of what you know and what your capabilities are. During your studies you acquire many different competences and still - judging and telling about them is a challenging task. During the course aspects like competences advanced scientists should have, identification of unique selling points and proofing those compellingly are discussed. Finally a presentation exercise is used to practice self-marketing and professional feedbacking.

Pre-workshop task: Participants have to prepare a biographical inventory. Detailed information on this task will be given well in advance to the workshop.

Methods: Theoretical inputs and plenum discussions are followed by group and individual exercises. Participants receive structured feedback and learn about collegial consultancy.

Language: This workshop will be held in English. Good English skills are of advantage but are not a requirement.

Trainer: Dr. Monika Clausen

Dr. Clausen has a PhD in Biology and a Bachelor in Business Administration. She is a certified coach and a senior consultant in Executive Search with focus on highly qualified people. She has many years of experience as a scientist in biotechnology as well as experience with the management responsibilities of heading a Human Resource Shared Service Department in a global company.

Date: Thu 23 June 2016 and Fri 24 June 2016, 09:00 am to 05:00 pm

Place: TUHH, Channel 4 (Harburger Schloßstraße 28 ), Raum CH4-0.21

Registration: Due to a limited number of participants a binding registration is necessary. Please ask your supervisor for permission to participate and then address your registration to graduertenakademie@tuhh.de. Your registration should contain your complete TUHH contact data.

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